

WP Miles	OSGB	Elev %	South Downs Way Description	-1-
P001	SU4807 2940	43	Old Vine Hotel, Winchester	
S001	SU4939 2902	50	Head E on Five Fields Rd from roundabout	
S002	SU4955 2896	55 4%	Over M3 bridge	
S003	SU4968 2894	57 2%	Zigzag L/R after bridge, then head ESE	
S004	SU5014 2876	67 2%	Ahead, ESE	
S005	SU5062 2851	65 -0%	Ahead, then bear R to S	
S006	SU5070 2835	64 -1%	Bear L to ESE	
S007	SU5129 2807	101 6%	Curve R to S	
S008	SU5132 2784	118 7%	Sharp L to NE	
S009	SU5164 2809	128 2%	Zigzag L/R, then head E and curve R to S	
S010	SU5272 2769	161 3%	Turn L, head NE, then cross A272	
S011	SU5355 2862	137 -2%	Ahead NE	
S012	SU5372 2893	111 -7%	Turn R (near Keepers Cottage), head ESE	
S013	SU5402 2882	102 -3%	Ahead ESE along carpath	
S014	SU5466 2841	117 2%	Continue SE along carpath	
S015	SU5527 2805	110 -1%	Continue SE (cross Rodfield Ln) on carpath	
S016	SU5626 2726	120 1%	Hairpin R, then slight curve L to WSW	
S017	SU5600 2711	119 -0%	Turn L to SSE on Holden Ln, then cross A272	
P017	SU5615 2678	103	Holden Farm	
S018	SU5644 2553	124 0%	Ahead SE on Holden Ln	
S019	SU5697 2471	151 3%	Turn R, S, onto Salt Ln	
P019	SU5696 2458	157	The Milburys Pub (01962 771 248)	
S020	SU5694 2453	158 4%	Turn L, E	
S021	SU5731 2447	160 1%	Ahead ESE onto Love Ln	

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WP Miles	OSGB	Elev %	South Downs Way Description	-3-
S041	SU6248 2118	71 0%	Sharp R to S	
S042	SU6245 2104	69 -1%	Turn L, then meander E w/trees on R	
S043	SU6344 2068	116 6%	Continue ahead SE but w/trees on L	
S044	SU6407 2057	188 11%	Old Winchester Hill, continue ahead E	
S045	SU6430 2049	187 -0%	Turn L then bear R to E	
S046	SU6445 2050	194 5%	Curve L, head NE	
S047	SU6473 2078	202 2%	Leave carpath, L to N, parallel Old Winchester Ln	
S048	SU6455 2138	189 -2%	Curve R to E, then turn L on Old Winchester Hill Ln	
S049	SU6449 2166	181 -3%	Hairpin R to SE	
S050	SU6496 2134	134 -8%	Turn L, head ENE	
S051	SU6537 2139	109 -6%	Turn L, head N, the curve R to NE	
S052	SU6559 2160	110 0%	Over bridge by Whitewool Pond, then turn R to SE	
S053	SU6587 2123	109 -0%	Go 1500' on Coombe Ln, then turn L, head NE	
S054	SU6659 2169	134 3%	Turn R, head S on Hainaker Ln	
T054	SU6661 2170	133	ALT: Ahead E to East Meon	
T055	SU6687 2167	130 -1%	Bear R around "Arbrook Tree Care, head E	
T056	SU6735 2166	109 -4%	Turn L, head N on Coombe Rd	
T057	SU6793 2212	108 -0%	Merge onto Chapel St, then R (E) on High St	
T058	SU6801 2213	108 0%	Turn L on Church St, head N	
P058	SU6800 2214	107	Ye Olde George Inn (01730 823 481)	
P059	SU6812 2212	109	Izaak Walton Freehouse	
R056	SU6735 2164	109	ALT Return: Meander S on Coombe Rd	
R057	SU6685 2109	138 4%	Bear R, head W at Coombe Cross House	
R058	SU6668 2100	147 5%	Rejoin: Turn L, head SE	

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WP Miles	OSGB	Elev %	South Downs Way Description	-5-
R075	SU7396 2002	80 -1%	Turn R to S on trail at Buriton Church	
R076	SU7397 1994	81 1%	Turn L to E	
R077	SU7442 1991	85 1%	Turn R to S, then meander up hill	
R078	SU7493 1956	142 9%	Rejoin, bear L to E then curve to SE	
S073	SU7368 1959	162 7%	Ahead, head ESE	
S074	SU7384 1951	150 -7%	Ahead, meander E	
S075	SU7431 1956	144 -1%	Slight R, then meander E	
S076	SU7485 1944	146 0%	Turn L, head NE	
S077	SU7493 1954	146 0%	Curve R to SE	
S078	SU7523 1940	164 5%	Slight L, head ENE	
S079	SU7590 1935	139 -4%	Turn L at Sunwood Cottage to NE	
S080	SU7594 1939	139 0%	Go 250', then turn R to E on Forty Acre Ln	
S081	SU7718 1911	142 0%	Cross road, head SE	
S082	SU7769 1871	139 -0%	Ahead ESE	
S083	SU7828 1842	150 2%	Cross B2146, then meander E	
T083	SU7827 1845	147	ALT: Turn L, N, on footpath to South Harting	
T084	SU7827 1849	143 -9%	Bear L, head N	
T085	SU7833 1886	107 -10%	Ahead N	
T086	SU7837 1900	86 -15%	Ahead N	
T087	SU7841 1931	71 -5%	Join B2141, head N	
T088	SU7851 1949	70 -0%	The White Hart Inn/Pub (01730 826708)	
P088	SU7856 1954	70	The Ship Beer Garden	
S084	SU7891 1813	194 6%	Cross B2141, then curve to ENE	
P084	SU7936 1821	221	Harting Down	

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WP Miles	OSGB	Elev %	South Downs Way Description	-7-
T106	SU8781 1710	81 7%	Curve L, then head S	
T107	SU8787 1663	120 8%	Rejoin, turn L, head E	
S098	SU8755 1665	106 -4%	Cross A286 (Cocking Hill), head ESE	
S099	SU8938 1650	227 7%	Ahead E	
P099	SU9004 1664	226	Heyshott Down	
S100	SU9056 1647	223 -0%	Ahead E w/forest on R	
S101	SU9099 36.6	237 1%	Continue ahead E	
S102	SU9151 1628	218 -4%	Slight curve L, continue E	
S103	SU9208 1625	210 -1%	Continue ahead E	
S104	SU9269 1614	214 1%	Leave forest, continue ahead E	
S105	SU9373 1592	206 -1%	Ahead ESE, cross Beechwood Ln	
S106	SU9426 38.8	234 4%	Continue ahead SE	
S107	SU9445 39.0	230 -1%	Diagonal across field, SE	
S108	SU9478 39.4	180 -10%	Continue SE	
S109	SU9498 39.6	145 -11%	Skirt Littleton farm, ahead SE	
S110	SU9506 39.7	119 -9%	Zigzag across A285, then head SSE	
S111	SU9515 39.9	125 2%	Zigzag L/R, then head SE, then enter trees	
S112	SU9552 40.3	193 1%	Continue SSE w/forest on L	
S113	SU9560 40.4	202 3%	Slight curve L to SE	
S114	SU9580 40.7	226 7%	Ahead SE thru break in trees	
S115	SU9627 41.1	225 -0%	Cross tractor road, head ESE	
S116	SU9699 41.5	215 -1%	Bear L, head NE	
S117	SU9712 41.6	213 -1%	Bear R, curve to E	
S118	SU9733 41.8	206 -3%	Ahead, meander ENE	

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WP Miles	OSGB	Elev %	South Downs Way Description	-9-
S135	TQ0278 1246	12 2%	Turn R, follow walkway next to B1239, head S	
R135	TQ0279 1250	11	ALT: L on B2139, curve R to NE to Amberley	
P135	TQ0277 1252	9	Amberley Castle BB (01798 831992)	
R136	TQ0318 1290	7 -1%	L (School)Rd to Amberley OR rejoin ahead (MillLn)	
R137	TQ0316 1313	7 0%	Turn L on Church St, head W	
P137	TQ0308 1313	7	The Old Bakery BB (01273 252272)	
P138	TQ0305 1324	7	The Thatched House BB (01798 831329)	
P139	TQ0393 1344	19	The Sportsman Pub	
S136	TQ0278 1235	15 3%	Cross B1239, then follow path S next to B1239	
S137	TQ0280 1223	14 -1%	Turn L, head E on High Titten	
S138	TQ0332 1255	47 5%	Head E, then curve R (rejoin from Amberley)	
S139	TQ0341 1254	59 12%	Bear L to SE	
S140	TQ0379 1248	96 10%	Ahead E	
S141	TQ0507 1258	167 6%	Continue E	
S142	TQ0609 189	2%	Thru trees head ESE	
S143	TQ0704 1247	168 -2%	Slight R, head ESE	
S144	TQ0870 1195	185 1%	Ahead SSE	
S145	TQ0954 1168	185 0%	Bear L, then slight curve L to NE	
S146	TQ1049 1195	196 1%	Ahead OR turn L to Washington	
T146	TQ1049 1198	199	ALT: Turn L to N to Washington	
T147	TQ1051 1223	175 -9%	Curve R to NE	
T148	TQ1134 1267	97 -8%	Curve L to NNE	
T149	TQ1138 1287	78 -9%	Turn R to E	
T150	TQ1172 1286	73 -1%	Over M24, continue E	

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WP Miles	OSGB	Elev %	South Downs Way Description	-11-
R160	TQ1635 1029	163 -1%	Bear R to NE	
R161	TQ1669 1047	114 -13%	Bear L, continue NE	
R162	TQ1699 1074	43 -17%	Ahead, NE, follow Newham Ln	
R163	TQ1769 1116	19 -3%	Ahead, NE on Church St	
P163	TQ1768 1117	19	The Steyning Tearooms	
R164	TQ1785 1136	19 0%	Curve R on Vicarage Ln	
P164	TQ1791 1141	12	St Andrew's Church	
P165	TQ1784 1132	14	Steyning Museum	
R165	TQ1810 1125	15 -1%	Turn L to E on Jarvis Ln, then over A283	
R166	TQ1842 1134	13 -1%	Turn R to S on Roman Rd	
R167	TQ1852 1054	12 -0%	Turn L to E on The St	
P168	TQ1856 1065	20	Bramber Church and Castle	
R168	TQ1921 1060	1 -2%	Over River Adur, continue E on High St	
R169	TQ1965 1035	5 1%	Upper Beeding, head SE on A2037 to rejoin	
R170	TQ2005 1014	13 2%	Bear R, SE, on The Bostal	
R171	TQ2074 0966	104 11%	Turn L, ENE to rejoin	
S160	TQ1621 0965	142 -6%	Bear to L, S, on track along E side of Bostal Rd	
S161	TQ1624 0948	137 -3%	Cross Sopers Ln, then on Bostal Rd (SSE)	
S162	TQ1648 56.6	128 2%	Turn L, head E	
S163	TQ1819 0937	88 -2%	Curve R to SE	
S164	TQ1853 0920	50 -10%	Curve L, then meander N thru trees	
S165	TQ1862 0955	33 -5%	Turn R on Annington Rd, head E	
S166	TQ1892 0946	9 -8%	Curve L to NNE	
S167	TQ1927 0940	2 -2%	Bear L, head ESE	

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WP Miles	OSGB	Elev %	South Downs Way Description	-13-
S184	TQ2713 1130	142 -8%	Curve L to N	
S185	TQ2710 1145	124 -12%	Cross Saddlescombe Rd, head NE	
S186	TQ2715 1152	128 4%	Bear R, head E	
S187	TQ2737 1152	135 3%	Bear R thru trees, head E	
S188	TQ2750 1150	150 11%	Bear L, head E	
S189	TQ2829 1175	186 4%	Slight L, head NE	
S190	TQ2862 1206	128 -13%	Slight R, head NE	
P191	TQ2909 1230	93	Hobbs Cottage BB (01273 846150)	
S191	TQ2913 1234	92 -6%	Turn L, head NW along A23 (London Rd)	
S192	TQ2896 1251	96 2%	Turn R, over A23 bridge, take care	
S193	TQ2903 1262	100 3%	Turn R onto Church Hill, head E	
S194	TQ2922 1263	109 5%	Ahead onto School Ln, head NE	
P194	TQ2922 1253	102	The White House BB (01273 846563)	
P195	TQ2920 1239	93	The Plough Pub (01273 842796)	
S195	TQ2937 1275	104 -3%	Turn L, head N along A273 (Clayton Hill)	
S196	TQ2943 1289	114 6%	Turn R (cross A273), then head E (P. Golf Club)	
S197	TQ3012 1284	154 6%	Thru golf course, ahead E	
S198	TQ3055 1285	172 4%	Continue E	
S199	TQ3109 1288	209 7%	Turn L, head E	
S200	TQ3110 1298	214 5%	Turn R, head ESE	
S201	TQ3154 1288	228 3%	Ahead E	
S202	TQ3254 1318	214 -1%	Slight curve R to SSE	
S203	TQ3338 1296	222 1%	Cross Ditchling Rd, head ESE	
S204	TQ3391 1278	210 -2%	Ahead, E	

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WP Miles	OSGB	Elev %	South Downs Way Description	-15-
S224	TQ4075 0567	80 -8%	Cross White Way, head SE	
S225	TQ4129 0533	76 -1%	Cross Mill Ln, head S	
T225	TQ4129 0534	76	ALT: L on Mill Ln to Rodmell, head NE	
T226	TQ4184 0592	25 -6%	Turn R on Piddinghoe, meander SE	
P226	TQ4181 0595	23	Abergavenny Arms Free House (01273 472 416)	
P227	TQ4184 0595	23	Sunnyside Cottage BB (?)	
P228	TQ4182 0592	24	Rodmell House BB (01273 479620)	
P229	TQ4197 0615	15	Deep Thatch Cottage BB (01273 477086)	
P230	TQ4208 0630	10	Monk's House country retreat of Virginia Wolfe)	
T227	TQ4208 0565	14 -3%	Ahead S	
T228	TQ4215 1.0	28 4%	Rejoin: Ahead S	
S226	TQ4128 0494	27 -12%	Bear L, head S	
S227	TQ4132 0486	25 -2%	Turn L, head NE	
S228	TQ4206 80.5	15 -1%	Turn R, meander SE	
S229	TQ4212 80.6	27 7%	Bear southbound onto Piddinghoe	
S230	TQ4218 80.6	28 1%	Turn L on Southease Village, meander E	

WP Miles	OSGB	Elev %	South Downs Way Description	-8-
P119	SU9823 1327	218	Bignor Hill	
S119 42.4	SU9833 1319	214 1%	Slight curve R to ESE	
S120 42.7	SU9875 1297	174 -8%	Hairpin L, then head NNE	
S121 42.9	SU9888 1322	140 -12%	Turn R, head E then curve R to SE	
S122 43.7	SU9970 1238	161 2%	Contunue SE	
S123 44.0	TQ0008 1199	144 -3%	Bear R, head E at fields intersection	
S124 44.3	TQ0042 1192	130 -4%	Turn R at A29, head S 100'	
S125 44.3	TQ0040 1184	127 -4%	Turn L off A29, head E (Note Bus Stop)	
S126 44.9	TQ0130 1199	52 -8%	Curve R to S	
S127 45.1	TQ0145 1175	25 -9%	Curve L to ENE	
S128 45.3	TQ0170 1186	7 -7%	Cross road, continue ENE	
S129 45.4	TQ0183 1192	2 -4%	Thru gate, turn R, after 200' turn L to NE	
S130 45.5	TQ0201 1202	2 0%	Turn R, then curve L to NE	
S131 45.6	TQ0214 1208	2 0%	Cross bridge over Rlver Arun, then turn R to NE	
S132 45.7	TQ0230 1216	0 0%	Turn L (N) or ahead to Amberley	
T132 0.0	TQ0234 1214	2	Curve R to Amberley to SE	
T133 0.1	TQ0252 1201	2 0%	Slight jog L/R, continue SE	
P133	TQ0258 1181	4	The Bridge Inn/Pub (01798 831 619)	
T134 0.3	TQ0263 1186	6 2%	E under Amtrack on B1239 (New Barn Rd)	
P134	TQ0267 1182	11	Amberley Museum (01798 831370)	
T135 0.4	TQ0278 1197	7 1%	Follow B2139 N	
T136 0.6	TQ0278 1221	13 2%	Rejoin: Turn R, head E on High Titten	
S133 45.9	TQ0230 1240	3 0%	Turn R, head E	
S134 46.1	TQ0261 1244	8 2%	Cross rail tracks, continue E	

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WP Miles	OSGB	Elev %	South Downs Way Description	-6-
S085 28.8	SU8021 1858	167 -2%	Slight curve R to ESE	
S086 29.2	SU8072 1836	233 12%	Beacon Hill, ahead E	
S087 29.3	SU8100 1830	190 15%	Bear R, meander ESE	
S088 29.5	SU8120 1825	205 7%	Pen Hill, ahead E	
S089 29.7	SU8152 1836	159 -13%	Curve R to SE	
S090 29.8	SU8161 1830	152 -7%	Ahead, meander to S	
S091 29.9	SU8170 1812	150 0%	Curve L to SE	
S092 30.2	SU8206 1787	145 -2%	Jog L/R, head SE, then meander SW	
S093 30.4	SU8245 1693	192 5%	Turn L, head NE	
S094 31.3	SU8297 1751	224 4%	Curve R to ESE	
S095 32.1	SU8418 1733	214 -1%	Continue ahead to E	
S096 33.1	SU8557 1698	228 1%	Ahead (cross Henley Ln) to ESE	
S097 33.8	SU8668 1669	140 -8%	Continue ahead ESE	
T098 0.0	SU8736 1671	86	ALT: Turn L (N) on Hoelands Ln to Cocking	
T099 0.2	SU8735 1702	85 -7%	Curve L, head W	
T100 0.3	SU8725 1701	83 -2%	Hairpin R on Crypt Ln, meander NE	
T101 0.7	SU8773 1743	60 -4%	Bear L on A286, Cocking SE	
P101	SU8774 1745	61	The Malthouse Inn/Pub (01730 813336)	
P102	SU8777 1748	61	Moonlight Cottage BB (01730 813336)	
P103	SU8782 1761	61	The Bluebell Inn BB (01730 810200)	
T102 0.7	SU8778 1749	60 0%	RETURN: Turn R on Church Ln, meander SE	
T103 0.8	SU8787 1745	59 -1%	Bear L, then meander NE on footpath	
T104 0.8	SU8792 1747	57 -4%	Turn R, head S	
T105 0.9	SU8792 1743	57 0%	Bear L, meander S	

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WP Miles	OSGB	Elev %	South Downs Way Description	-4-
S055 17.1	SU6668 2099	147 2%	Ahead, SE past farm estate	
S056 18.5	SU6753 1916	208 3%	Turn L, follow footpath alongside Droxford Rd	
S057 18.7	SU6792 1918	209 0%	Curve R to S	
S058 18.9	SU6817 1893	196 -4%	Curve L to SE, cross Hyden Farm Ln	
S059 19.0	SU6832 1891	196 0%	Past White Lodge, cross road, head E	
S060 19.7	SU6929 1902	211 2%	Ahead E	
S061 20.5	SU7056 1911	224 1%	Bear L, head NE on North Ln	
S062 20.8	SU7090 1948	235 2%	Bear R, meander to NE	
S063 21.2	SU7117 1995	232 -1%	Ahead onto footpath, head NE	
S064 21.2	SU7129 2002	242 7%	Curve R, head SE	
S065 22.1	SU7163 1881	124 -9%	To A3 underpass, head SE	
S066 22.2	SU7172 1869	126 1%	A3 underpass, meander S thru carpark	
S067 22.3	SU7184 1847	120 -2%	Queen Elizabeth Cnty Park, head S	
S068 22.5	SU7183 1820	111 -3%	Curve L to NE	
S069 22.8	SU7224 1846	142 6%	Turn R, head NNE	
S070 23.6	SU7295 1938	174 3%	Bear R, head NNE	
S071 23.9	SU7323 1982	155 -4%	Curve R, head ESE	
S072 24.0	SU7338 1978	138 -10%	Ahead, head SE	
T070 0.0	SU7338 1980	138	ALT: Turn L, then curve R on Kiln Ln to Buriton	
T073 0.2	SU7357 2008	95 -12%	Cross RR tracks (w/care) head NE	
T074 0.4	SU7375 2028	82 -5%	The Maple Inn (Master Roberts) (01730 267275)	
P074	SU7379 2022	82	The Five Bells Pub (01730 263584)	
R074 0.0	SU7376 2026	82	ALT: Head S on High to return	
P075	SU7400 2001	80	Buriton Church	

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WP Miles	OSGB	Elev %	South Downs Way Description	-2-
S022 8.3	SU5794 2415	168 1%	Turn R then curve L to E	
S023 8.3	SU5800 2409	171 4%	Ahead E past North Lodge	
S024 8.6	SU5845 2487	159 -3%	Slight curve R to ESE	
S025 9.0	SU5898 2373	157 -0%	Zigzag R/L around Lomer Farm Cottages	
S026 9.1	SU5910 2372	156 -1%	Turn R, head SE	
S027 9.7	SU5971 2299	178 2%	Ahead SE onto Beacon Hill Ln	
S028 9.9	SU5983 2276	186 3%	Continue ahead SE w/forest to L	
S030 10.3	SU6030 2246	196 2%	Beacon Hill, turn L, head S	
S031 10.5	SU6022 2216	172 -8%	Turn L (for 70' on White Way) then slight L to SE	
S032 10.7	SU6042 2182	118 -13%	Pass thru trees, continue SE	
S033 11.0	SU6066 2141	85 -7%	Thru hedge opening, continue SE	
S034 11.4	SU6114 2099	66 -3%	Turn R, head SW on Church Ln	
S035 11.5	SU6108 2091	66 0%	Turn L, head SE on Beacon Hill Ln	
S036 11.6	SU6123 2083	60 -3%	Curve R to SE on Beacon Hill Ln, cross River Meon	
P036	SU6124 2086	62	Shoe Inn/Pub (01489 877 526) in Exton	
S037 11.7	SU6130 2069	63 2%	Zigzag R/L across A32, head SE on Stock's Ln	
T037 0.0	SU6129 2069	63	ALT: Curve L, meander S on A32 to Meonstoke	
T038 0.2	SU6108 2038	61 -1%	Ahead meander S on A32	
T039 0.4	SU6103 2022	61 0%	Turn L at round-about, head SE	
T040 0.4	SU6109 2013	59 -2%	Turn L (E) on Bucks Head Hill	
P040	SU6120 2011	58	The Bucks Head Inn/BB (01489 877313)	
S038 12.0	SU6165 2052	64 0%	Curve L then zag R to S	
S039 12.0	SU6172 2049	62 -3%	Sharp L to NE thru tree lined path	
S040 12.6	SU6242 2116	71 -1%	Bear R, head E, go 175' then:	

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WP Miles	OSGB	Elev %	South Downs Way Description	-16-
S239 82.2	TQ4385 0542	111 9%	Curve R to E	
S240 83.3	TQ4550 0596	172 4%	Ahead at junction, head SSE	
P240	TQ4541 0582	158	White Lion Pond	
S241 83.8	TQ4617 0593	171 -0%	Continue ahead, E	
S242 84.2	TQ4678 0585	163 -1%	Cross Firle Ln, then bear L to E	
S243 85.1	TQ4824 0594	196 2%	Slight curve R to SE	
P243	TQ4831 0589	202	Firle Beacon	
S244 86.0	TQ4935 0506	168 -2%	Cross Bo Peep Ln (carpark), head SE	
S245 86.8	TQ5016 0426	165 -0%	Bear L, head SE	
S246 87.6	TQ5104 0344	110 -5%	Cross Winton St, head SSE on Kings Ride Ln	
S247 87.8	TQ5118 0302	84 -6%	Curve L to E	
S248 88.4	TQ5196 0308	14 -9%	Ahead at multiway to E on Star Ln	
P248	TQ5190 0310	15	April Cottage BB (01323 870536)	
P249	TQ5204 0300	7	Chestnuts BB (01323 870298)	
P250	TQ5205 0311	9	The George Inn BB (01323 870319)	
P252	TQ5194 0288	11	Deans Place Hotel BB (01323 870248)	
S249 88.4	TQ5204 0316	9 -4%	From High St turn R on River Lane, head E	
R249 0.0	TQ5206 0328	7	ALT: Northern Route, bear R on North St to NE	
R250 0.3	TQ5229 0364	5 -0%	Turn R (access to Lullington Rd) head ESE	
R251 0.4	TQ5244 0358	3 -1%	Cross bridge over River Cuckmere	
R252 0.5	TQ5257 0350	6 2%	Cross Lullington Rd, ahead ESE	
R253 0.9	TQ5319 0326	65 9%	Cross The Street, head ENE	
R254 1.3	TQ5379 0351	102 6%	Curve R to S	
R255 1.6	TQ5405 0322	156 14%	Curve L to NE	

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WP Miles	OSGB	Elev %	South Downs Way Description	-14-
S205 70.4	TQ3521 1275	200 -1%	Cross Streat Ln, head E	
T205 0.0	TQ3561 1271	199	ALT: Bear L on Plumpton Ln to Pub (0.6mi)	
T206 0.6	TQ3638 1318	88 -12%	Turn L on B2116 to Pub	
T207 0.6	TQ3634 1322	85 -6%	The Half Moon Inn/Pub (01273 890 253)	
S206 71.6	TQ3699 1252	194 -0%	Sharp R to SW	
S207 72.3	TQ3647 1158	169 -8%	Turn L, head SE	
S208 73.4	TQ3752 1020	26 -5%	Turn R, head SW	
S209 73.7	TQ3705 1003	80 -1%	Curve L, meander S thru trees	
S210 73.9	TQ3713 0967	111 8%	Ahead S	
S211 74.3	TQ3699 0920	53 -12%	Turn R, head W near A27	
S212 74.4	TQ3674 0923	57 -12%	Turn L, cross A27 overpass, then head E	
S213 74.6	TQ3692 0916	25 -1%	Continue E between A27 and RR tracks	
S214 74.9	TQ3737 0904	47 -2%	Pass under RR	
S215 74.9	TQ3744 0901	50 4%	Turn R, head SSW and thru trees	
T216 0.0	TQ3736 0872	62	Turn R to NE to New Market Inn	
T217 0.4	TQ3787 0909	38 -4%	Newmarket Inn BB (0845 8053478)	
S216 75.1	TQ3734 0871	63 4%	Bear R, SSW, w/row-of-trees on R	
S217 75.8	TQ3680 0783	144 8%	Bear L, head SSE	
S218 76.1	TQ3705 0745	171 6%	Bear L, head ENE	
S219 76.4	TQ3754 0756	192 4%	Castle Hill, ahead SE	
S220 76.7	TQ3790 0793	165 -1%	Curve R to SE	
S221 77.3	TQ3867 0751	161 -0%	Continue ahead, SE	
S222 77.9	TQ3915 0673	174 1%	Zigzag R/L, then head SE	
S223 78.9	TQ4036 0580	112 -4%	Ahead SE	

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WP Miles	OSGB	Elev %	South Downs Way Description	-12-
P167	TQ1934 0925	3	Saint Botolph Church	
S168 58.8	TQ1944 0939	2 0%	Bear R, head SE along River Adur	
S169 58.9	TQ1962 0929	2 0%	Cross River Adur	
S170 59.0	TQ1976 0935	5 2%	Turn L, head N along A283	
S171 59.2	TQ1973 0958	9 2%	Cross A283 (with care), turn R, head E	
T171 0.0	TQ1973 0960	9	ALT: Ahead N on A283 to Upper Beeding	
T172 0.1	TQ1973 0977	12 2%	Bear R on A2037, Shoreham Rd, meander N	
T173 0.3	TQ1960 1009	6 -2%	Curve R, head N	
P174	TQ1965 1034	5	The Rising Sun Pub/BB (01903 814424)	
T174 0.5	TQ1966 1033	5 -0%	Upper Beeding	
S172 59.8	TQ2079 0965	108 9%	Ahead at carpark, head ENE on hardtop	
S173 60.3	TQ2145 1001	150 6%	Continue NE	
P173	TQ2145 0972	166	Bleeding Hill	
S174 60.7	TQ2190 1043	176 4%	Slight curve R to E (hardtop ends)	
S175 61.0	TQ2228 1057	201 6%	Continue E	
S176 61.3	TQ2272 1060	201 1%	Ahead E, then curve L to NE	
S177 61.6	TQ2312 1092	162 -8%	Bear R, curve R to SE	
S178 61.9	TQ2360 1075	178 3%	Curve L to NE	
S179 62.3	TQ2418 1091	150 -5%	Bear R, head E	
S180 63.1	TQ2533 1073	196 4%	At field corner take middle track E	
S181 63.4	TQ2585 1072	203 1%	Cross Devil's Dyke Rd, continue E	
P181	TQ2582 1101	206	Devil's Dyke Pub (01273 857256)	
S182 63.9	TQ2651 1085	182 -3%	Ahead ENE	
S183 64.1	TQ2683 1106	173 -2%	Bear L, head NE	

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WP Miles	OSGB	Elev %	South Downs Way Description	-10-
P150	TQ1186 1286	73	St Mary's Church	
T151 1.3	TQ1199 1281	72 -0%	Turn L, N, on School Ln, then curve to E	
T152 1.5	TQ1219 1298	57 -6%	Turn R, head S for Holt House BB	
P152	TQ1213 1281			



