

WP KM	IRISH	Elev %	WW: Tinahely-Marlay Description	-1-	WP KM	IRISH	Elev %	WW: Tinahely-Marlay Description	-3-	WP KM	IRISH	Elev %	WW: Tinahely-Marlay Description	-5-	WP KM	IRISH	Elev %	WW: Tinahely-Marlay Description	-7-
W193 0.0	E3:0205 N1:7441	116	Start: Head E (OR SE 2km to Tinahely)		Z150	E3:0992 N1:8650	644	Croaghanmoira summit		X119	E3:0873 N1:9428	564	ALT: Bear L, NW, for The Spinc		W098	E3:1254 N1:9712	209 31%	Hairpin R, head E along track	
Z193	E3:0363 N1:7313	99	Tinahely, Dwyer Square		X149	E3:0940 N1:8697	538 -4%	Col: bear R, head N		X118	E3:0842 N1:9450	591 7%	Bear R,head NNW		W097	E3:1311 N1:9701	214 1%	Meander E then curve to N	
W192	E3:0210 N1:7442	115 -2%	Cross Derry River, then turn L, head N		X148	E3:0945 N1:8738	570 8%	noname summit, bear R, head NNE		X117	E3:0827 N1:9497	598 1%	Bear R, head NE		W096	E3:1353 N1:9709	257 10%	Ahead N	
W191	E3:0209 N1:7475	140 8%	Hairpin R, head SSE		X147	E3:1010 N1:8811	471 -10%	Follow ridgeline NE		X116	E3:0840 N1:9519	548 -20%	Curve R, head NE		W095	E3:1355 N1:9737	244 -5%	Bear R, head NNE	
W190	E3:0216 N1:7464	143 2%	Thru gate, then curve L		X146	E3:1086 N1:8879	381 -9%	Col: turn L, WNW or ahead to Fananiein		X115	E3:0930 N1:9560	430 -12%	Bear R, head E		W094	E3:1359 N1:9758	231 -6%	Hairpin R, head SE	
W189	E3:0262 N1:7425	170 5%	Thru another gate, head E		Z146	E3:1117 N1:8905	404	Fananierin Summit		X114	E3:1003 N1:9573	330 -13%	Ahead E		W093	E3:1385 N1:9737	186 -13%	Crossroad, ahead then bear L	
W188	E3:0308 N1:7416	181 2%	Thru still another gate, then curve L to NE		X145	E3:1031 N1:8908	274 -17%	Join road, NW, cross Drumgoff Brook bridge		X113	E3:1069 N1:9586	329 -0%	Curve R, head SE		W092	E3:1394 N1:9741	190 4%	Bear R, head SE	
W187	E3:0355 N1:7457	197 3%	Thru gate, head NE		X144	E3:1019 N1:8929	273 -0%	Turn R, head NE		X112	E3:1090 N1:9574	261 -28%	Curve L, head NE		W091	E3:1411 N1:9729	175 -7%	Bear L, NNE, cross Glennacnass River	
W186	E3:0333 N1:7506	263 12%	Turn R, head NE		X143	E3:1038 N1:8951	255 -6%	Turn L, head N		X111	E3:1099 N1:9580	236 -21%	Curve R, head SSE		W090	E3:1412 N1:9734	175 0%	Bear L, NW, parallel R115	
W185	E3:0350 N1:7530	267 3%	Over stile, turn R, meander E		X142	E3:1035 N1:8984	262 2%	Curve R, rejoin, then ahead W		X110	E3:1101 N1:9566	237 1%	Rejoin: Hairpin L, head N		W089	E3:1402 N1:9751	193 9%	Cross R115, head NE	
W184	E3:0434 N1:7518	285 2%	Gate and stile, then meander NE		W152	E3:0855 N1:8676	405 -8%	Bear R, meander N on Military Road		W118	E3:0869 N1:9437	559 -5%	Curve R to E		W088	E3:1419 N1:9759	210 9%	Curve R, head SE	
W183	E3:0495 N1:7546	237 -7%	Over stile, thru gate		W151	E3:0867 N1:8695	411 3%	Cross Aughavannagh River		W117	E3:0923 N1:9438	526 -6%	Bear L, head NE		W087	E3:1440 N1:9745	217 3%	Curve L, head NE	
W182	E3:0503 N1:7558	230 -5%	Another gate, head N		W150	E3:0864 N1:8743	437 5%	Turn L, W, CAUTION: FOG HIDES WAYPOST!!!		W116	E3:0975 N1:9460	486 -7%	Curve R, meander SE		W086	E3:1463 N1:9786	218 31%	Bear L, head N along wood	
W181	E3:0501 N1:7671	170 -5%	Gate, head N		W149	E3:0842 N1:8746	446 4%	Turn R, head NE		W115	E3:0996 N1:9445	363 -43%	Turn L		W085	E3:1471 N1:9818	347 9%	Ahead along wood NNE	
W180	E3:0496 N1:7716	120 -11%	Turn L, curve to SW		W148	E3:0864 N1:8761	459 5%	Hairpin L, head W		W114	E3:1013 N1:9492	415 10%	Slight R		Y085	E3:1470 N1:9825	348 0%	ALT: Scarr Mountain, turn L, NNW	
W179	E3:0479 N1:7705	144 11%	Turn R, meander NW		W147	E3:0829 N1:8755	470 3%	Curve R to N		W113	E3:1087 N1:9519	323 -12%	Sharp R, meander S		Y084	E3:1434 N1:9955	397 4%	Ahead NW, follow ridge line	
W178	E3:0444 N1:7774	170 3%	Gate, bear R, head N, then curve to NW		W146	E3:0848 N1:8821	517 7%	Ahead NNE		W112	E3:1089 N1:9503	334 7%	Ahead at crossroad, head ESE		Y083	E3:1322 N2:0071	541 9%	Bear R, N, follow ridge line	
W177	E3:0369 N1:7912	160 -1%	Turn R, head N		W145	E3:0873 N1:8872	490 -5%	Ahead NE		W111	E3:1114 N1:9495	331 -1%	Turn L, head NNE		Y082	E3:1326 N2:0184	621 7%	Scarr summit	
W176	E3:0372 N1:7920	151 -10%	Cross Sandyford Bridge		W144	E3:0909 N1:8913	439 -9%	Turn R, head E		W110	E3:1150 N1:9613	251 -6%	Sharp L, head SW		Y081	E3:1329 N2:0196	612 -7%	Bear R, head NE, then curve to E	
W175	E3:0381 N1:7924	161 10%	Hairpin L, head NW		W143	E3:0960 N1:8920	371 -13%	Turn L, boulder marks foot path		W109	E3:1110 N1:9562	229 -3%	Ahead, then curve R		Y080	E3:1469 N2:0231	392 -15%	Turn R, head S at wood's edge	
W174	E3:0372 N1:7938	168 4%	Bear R, N (OR ALT bear L to Moyne Church)		Z143	E3:0940 N1:8893	349	Drumgoff Forest Carpark		W108	E3:1102 N1:9565	233 5%	Slight R, N		Y079	E3:1461 N2:0184	342 -10%	Turn L, head E at wood's corner	
X174	E3:0337 N1:8007	169	Bear R, N, to Moyne Church		W142	E3:0972 N1:8942	375 2%	Turn R, head NE		W107	E3:1112 N1:9581	219 -7%	Bear R, head N		Y078	E3:1520 N2:0192	311 -5%	Bear R to S	
Z174	E3:0340 N1:8024	180	Moyne Church		Z142	E3:0987 N1:8951	353	Nice sitting rock, take a break		Z107	E3:1114 N1:9602	176	Poulanass Waterfall		Y077	E3:1520 N2:0181	293 -16%	Turn L, meander E	
W173	E3:0408 N1:7988	250 13%	Turn L, head NW		W141	E3:1009 N1:8968	307 -15%	Cross road, head NE		W106	E3:1109 N1:9615	143 -22%	Turn R, head E (Green Road trail)		Y076	E3:1582 N2:0197	216 -12%	Turn R, head S	
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W066	E3:1741 62.5 N2:0534	389 -4%	Bear L, head N		W025	E3:1842 81.8 N2:1790	469 17%	Bear L, head N along wood											
W065	E3:1723 63.1 N2:0591	414 4%	Curve R, head N		W024	E3:1821 82.5 N2:1847	481 2%	Bear R on road, NW, into wood											
W064	E3:1730 63.6 N2:0630	405 -2%	Turn L, follow R759 NW		W023	E3:1762 83.4 N2:1903	453 -3%	Slight R, head NW											
Z064	E3:1721 N2:0644	406	Pier Gates Carpark		W022	E3:1736 84.3 N2:1983	371 -10%	Zigzags RLRL											
W063	E3:1693 64.8 N2:0738	482 7%	Turn R on dirt road, head N		W021	E3:1751 84.5 N2:1974	357 -8%	Zag L											
W062	E3:1708 65.3 N2:0779	489 2%	Turn L, head NW		W020	E3:1745 84.7 N2:1995	337 -9%	Zig R											
W061	E3:1703 65.4 N2:0788	502 13%	Turn L, head W		W019	E3:1759 84.9 N2:1991	320 -12%	Zag L, head NW											
W060	E3:1686 65.6 N2:0784	488 -8%	Turn R, N, to boardwalk, (Guinness estate to W)		W018	E3:1708 85.5 N2:2026	285 -6%	Slight R over creek											
W059	E3:1757 66.7 N2:0856	580 9%	Ahead, NE, follow boardwalk		W017	E3:1687 86.0 N2:2059	266 -5%	Glencullen River, then U-turn R											
W058	E3:1795 67.3 N2:0895	630 9%	White Hill crest, follow boardwalk		W016	E3:1704 86.2 N2:2066	274 4%	Curve R, head NE											
W057	E3:1788 68.0 N2:0960	639 1%	Turn R, follow boardwalk		W015	E3:1744 86.6 N2:2073	294 5%	Hairpin L onto Ballybrack Rd											
X057	E3:1786 0.0 N2:0965	627	ALT: Ahead for Djouce Mountain		W014	E3:1582 88.4 N2:2122	332 2%	Turn R, head NE											
X056	E3:1770 0.6 N2:1020	710 14%	Bear R, N, Djouce Mountain crest		W013	E3:1594 88.6 N2:2127	346 10%	Turn L, head NW along wood											
Z056	E3:1719 N2:1050	645	The Coffin Stone		W012	E3:1572 89.3 N2:2194	449 14%	Turn R, head ENE											
X055	E3:1788 0.9 N2:1035	704 -3%	Bear R, head E		W011	E3:1663 90.3 N2:2221	487 4%	Turn L, head N											
X054	E3:1863 1.7 N2:1043	558 -19%	Rejoin, turn L, head NE		W010	E3:1641 91.5 N2:2322	396 -9%	Turn L, then hairpin R											
W056	E3:1864 69.2 N2:1043	565 -7%	Ahead, NE		W009	E3:1644 91.5 N2:2327	385 -19%	Hairpin L to NW											
W055	E3:1898 69.9 N2:1096	485 -13%	Ahead NE		W008	E3:1596 92.6 N2:2413	269 -12%	Hairpin R											
W054	E3:1942 70.6 N2:1143	430 -9%	Turn L, head NW		W007	E3:1608 92.7 N2:2413	256 -10%	Hairpin L, head NW											
W053	E3:1921 70.9 N2:1163	402 -10%	Over stile, turn R, head N		W006	E3:1507 93.9 N2:2446	207 -5%	Turn R, head N											
W052	E3:1925 71.4 N2:1208	329 -16%	Cross Dargle River		W005	E3:1481 94.9 N2:2537	121 -9%	Turn R, pass under M50											
W051	E3:1927 71.7 N2:1236	396 24%	Turn R, then curve L to NE		W004	E3:1482 95.0 N2:2545	123 3%	Turn R, E, along College Rd											
W050	E3:1997 72.6 N2:1287	311 -10%	Turn R, head E		W003	E3:1577 96.1 N2:2571	100 -2%	Turn L, head N											
W049	E3:2005 72.7 N2:1287	301 -12%	Hairpin L		W002	E3:1559 96.6 N2:2614	97 -1%	Cross Little Dargle River											
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WP KM	IRISH	Elev %	WW: Tinahely-Marlay Description	-8-
Y075 8.3	E3:1583 N2:0177	212 -2%	Rejoin: Turn L, head NE	
W084 52.1	E3:1492 N1:9856	327 -5%	Bear L, N	
Z084	E3:1491 N1:9915	356	Brusher Gap Hut	
W083 53.2	E3:1494 N1:9961	341 1%	Turn R, head ENE (Brusher Gap)	
W082 53.8	E3:1546 N1:9977	278 -12%	Turn R, head SE	
W081 54.3	E3:1584 N1:9957	257 -5%	Turn L, head N	
W080 55.7	E3:1595 N2:0085	293 3%	Slight L, meander R	
W079 56.6	E3:1585 N2:0172	219 -8%	Turn R, head NE	
W078 56.8	E3:1602 N2:0183	212 -3%	Cross Avonmore River (Oldbridge)	
W077 58.1	E3:1702 N2:0243	289 7%	Turn L, head WNW	
X077 0.0	E3:1706 N2:0243	282	ALT: Head E to Roundwood, 2.5km	
X076 0.7	E3:1769 N2:0236	262 -3%	Turn L, NE to Roundwood	
X075 1.7	E3:1833 N2:0301	261 -0%	Bear R, curve to E to Roundwood	
X074 2.5	E3:1906 N2:0295	226 -5%	Roundwood	
W076 58.4	E3:1678 N2:0255	274 -6%	Turn R, over stile, head NE	
W075 58.8	E3:1701 N2:0289	303 7%	Crosstrail, turn L, head NW	
W074 59.2	E3:1679 N2:0309	343 13%	Over stile, into wood, head NW	
W073 59.6	E3:1638 N2:0328	369 6%	Turn R, head NE	
W072 60.1	E3:1674 N2:0355	419 11%	Turn L, curve R, then NNE	
W071 60.9	E3:1696 N2:0426	445 4%	Tiny zigzag LR, then head NNE	
W070 61.3	E3:1704 N2:0463	427 -5%	Ahead at crossroad, head N	
W069 61.6	E3:1703 N2:0486	409 -8%	Bear R and curve L	
W068 61.8	E3:1689 N2:0505	395 -6%	Tight curve R	
W067 62.0	E3:1696 N2:0515	408 11%	Slight curve L, head NE	

WP	IRISH	Elev	WW: Tinahely-Marlay	
K106	E3:1114 N1:9620	141	Description	-6-
			Glendalough Lake Info	
W105	E3:1192 46.3 N1:9658	144 0%	Ahead ENE (Lower Lake)	
W104	E3:1220 46.7 N1:9669	140 -1%	Bear R, head E on Green Rd	
W103	E3:1249 47.0 N1:9667	141 0%	Turn L, N (OR ahead on Green Rd to Laragh)	
X103	E3:1253 0.0 N1:9667	142	ALT: E on Green Rd to Laragh	
X102	E3:1307 0.6 N1:9648	151 2%	Ahead on Green Rd to Laragh	
X101	E3:1331 0.9 N1:9639	156 2%	ALT to Saint Saviors Church	
Z100	E3:1334 N1:9654	135	Saint Saviors Church, 12th century	
X100	E3:1411 1.9 N1:9598	132 -3%	Derrybawn Bridge, circa 1700, L to Laragh	
X099	E3:1423 2.0 N1:9604	126 -4%	Turn L, N, onto R765 to Laragh	
Z098	E3:1413 N1:9667	143	Wicklow Heather, very fine resturant	
X098	E3:1433 2.7 N1:9662	141 3%	Laragh Village, turn L, W	
X097	E3:1421 2.8 N1:9667	146 4%	W 1.6km (OR shortcut turn R, N head Breagh Ln)	
X096	E3:1399 3.1 N1:9687	174 9%	Turn R, head NE	
X095	E3:1409 3.2 N1:9692	176 2%	Turn L, N on foot trail	
X094	E3:1407 3.4 N1:9709	190 8%	Turn L, NW on road	
X093	E3:1404 3.5 N1:9713	194 8%	Turn R, NNE on foot trail	
X092	E3:1410 3.6 N1:9728	185 -6%	Rejoin: Ahead NNE	
W102	E3:1251 47.0 N1:9672	135 -13%	Cross Avonmore River, explore antiquities	
Z102	E3:1258 N1:9680	131	Glendalough Visitor Info	
Z101	E3:1234 N1:9685	137	Round Tower / Churches	
W101	E3:1243 47.3 N1:9693	135 0%	Turn R, head N	
W100	E3:1245 47.4 N1:9701	152 21%	Cross R756, then jog R	
W099	E3:1262 47.5 N1:9703	170 11%	Hairpin L, head NW	

WP KM	IRISH	Elev %	WW: Tinahely-Marlay Description	-4-
W140 29.4	E3:1029 N1:8988	267 -14%	Sharp L, head W	
W139 30.3	E3:0949 N1:8989	313 6%	Cross creek, then turn R, head N	
W138 30.6	E3:0948 N1:9014	327 5%	Turn R, head NE	
W137 30.9	E3:0969 N1:9029	292 -14%	Turn R, head SE	
W136 31.1	E3:0985 N1:9011	267 -10%	Turn L, head N	
W135 31.4	E3:0986 N1:9038	247 -7%	Bear L, head NW	
W134 31.8	E3:0966 N1:9068	209 -10%	Hairpin R, head SE	
W133 32.6	E3:1037 N1:9053	133 -10%	Turn L, N along Military Road	
W132 32.9	E3:1052 N1:9078	127 -2%	Cross Avonbeg River	
W131 33.1	E3:1065 N1:9090	143 9%	Drumgoff: Ahead N cross road	
Z131	E3:1069 N1:9088	91	Glenmalure Lodge and Carpark	
W130 33.4	E3:1079 N1:9112	176 13%	Bear L on foot track	
W129 33.7	E3:1086 N1:9141	219 14%	Turn L, meander SW	
W128 34.4	E3:1027 N1:9118	271 8%	Bear R, head NW	
W127 35.3	E3:0972 N1:9184	304 4%	Ahead NW	
W126 36.2	E3:0909 N1:9234	310 1%	Sharp R, head E	
W125 36.5	E3:0933 N1:9226	338 11%	Sharp L, head NW	
Z125	E3:0928 N1:9232	340	Mullacor Hut / Rain Shelter	
W124 37.5	E3:0868 N1:9289	385 5%	Bear R, head ENE	
W123 37.8	E3:0880 N1:9316	427 14%	Curve L, head N	
W122 38.3	E3:0865 N1:9363	477 10%	Turn R, head NE	
W121 38.5	E3:0880 N1:9378	548 32%	Curve L, head N	
W120 38.9	E3:0866 N1:9409	549 0%	Bear R, head NE	
W119 39.1	E3:0875 N1:9425	566 10%	Ahead N	

WP KM	IRISH	Elev %	WW: Tinahely-Marlay Description	-2-
W172 11.3	E3:0362 N1:8030	225 -4%	Ahead N (OR Rejoin turn L)	
W171 12.1	E3:0387 N1:8104	200 -3%	Bear R, meander NE	
W170 13.9	E3:0454 N1:8253	274 5%	Turn R on trail into wood	
W169 14.2	E3:0478 N1:8238	302 10%	Turn L, head N	
W168 14.6	E3:0491 N1:8271	318 4%	Sharp R, head SE	
W167 15.0	E3:0498 N1:8237	342 7%	Sharp L, head N	
W166 16.3	E3:0540 N1:8350	368 2%	Bear R, head E	
W165 16.5	E3:0564 N1:8354	348 -8%	Ahead at crossing, E	
W164 18.0	E3:0705 N1:8361	229 -2%	Turn L onto hardtop then R, NE	
W163 18.3	E3:0724 N1:8371	226 -1%	Bear R onto dirt track, then curve L to N	
W162 19.0	E3:0741 N1:8433	183 -7%	Bear L onto hardtop, head NNW	
W161 19.6	E3:0707 N1:8482	180 -1%	Sharp R, head E	
W160 19.8	E3:0724 N1:8479	174 -3%	Cross Iron Bridge, Ow River	
W159 19.9	E3:0729 N1:8478	190 2%	Turn L, head E, onto foot path	
W158 20.5	E3:0780 N1:8509	272 16%	Turn R, head ENE	
W157 21.0	E3:0824 N1:8527	306 7%	Turn L, head NE	
W156 21.4	E3:0796 N1:8538	346 13%	Bear L, head W	
W155 21.8	E3:0754 N1:8533	358 -3%	Bear R, head NNW	
W154 22.6	E3:0736 N1:8605	393 5%	Curve R, head E	
W153 23.2	E3:0793 N1:8614	475 14%	Bear L, head NE	
X153 0.0	E3:0797 N1:8614	475	ALT: Bear R, ENE Croaghanmoira Mountain	
X152 1.0	E3:0884 N1:8643	501 3%	Turn R then curve L to E	
X151 1.6	E3:0939 N1:8640	497 -1%	Turn L, head NNE	
X150 1.9	E3:0947 N1:8665	550 19%	Ahead, N, OR E to Croaghanmoira peak	

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WP KM	IRISH	Elev %	WW: Tinahely-Marlay Description	-10-
W048 72.8	E3:1997 N2:1298	289 -9%	Hairpin R	
W047 73.1	E3:2019 N2:1297	267 -10%	Hairpin L, head NW	
W046 74.1	E3:1953 N2:1367	222 -5%	Curve L	
W045 74.5	E3:1922 N2:1377	215 -2%	Turn R, then hairpin L to NW	
W044 74.9	E3:1909 N2:1414	159 -14%	Turn R, head E	
Z044	E3:1925 N2:1418	155	Crone Woods carpark	
W043 75.1	E3:1928 N2:1421	151 -4%	Turn L at L1013, head ENE	
W042 75.4	E3:1906 N2:1430	148 -1%	Curve R to N	
W041 75.8	E3:1919 N2:1471	102 -11%	Cross footbridge, walk delightful Glencree River	
W040 76.3	E3:1878 N2:1469	107 1%	Meander along Glencree River	
W039 76.7	E3:1848 N2:1490	114 2%	Turn R, head N	
W038 76.8	E3:1849 N2:1503	136 17%	Turn R, head E	
W037 77.4	E3:1900 N2:1500	166 6%	Turn L, head N	
W036 77.6	E3:1897 N2:1523	223 24%	Turn L, head NW	
W035 77.8	E3:1882 N2:1526	238 10%	Bear L, head NW	
W034 78.8	E3:1809 N2:1592	228 -1%	Turn R, head N	
W033 79.5	E3:1833 N2:1643	260 6%	Ahead N	
W032 79.7	E3:1837 N2:1663	248 -6%	Turn R, head NE	
W031 79.9	E3:1850 N2:1679	250 1%	Turn L, W (OR E to Curtlestown / Enniskerry)	
W030 80.0	E3:1841 N2:1679	258 10%	Curve R to NW	
W029 80.2	E3:1828 N2:1695	283 12%	Bear R, head NE	
W028 80.5	E3:1850 N2:1712	293 4%	Hairpin L, head W	
W027 81.0	E3:1803 N2:1728	352 12%	Turn R, then bear L and head NE	
W026 81.3	E3:1819 N2:1743	378 12%	Zigzag LR, then head NE again	